



Sandalwood
Counseling LLC

Dr. Shannon Lilja DBH LPC LMHC CDP CAD-C-II

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Consent for the Release of Information / Request for the Release of Information

This authorization must be written, dated, and signed by the client or by a person authorized by law.

Client Name: _____ **Birthdate:** _____ **Last 4: SS #** _____

Street Address: _____ **City:** _____ **State:** _____ **Zip:** _____

I authorize Shannon Lilja/Sandalwood Counseling, LLC **Initial:** [] release information to [] obtain information from

Insurance Carrier Address Phone Fax

Group # ID # Plan Name

Insured's Name Insured's Birthdate Insured's Address

Insured's Employer: _____

PURPOSE OF RELEASE Initial:

- [] Insurance Coverage Information and Payment Processing.
- [] Inquiring about coverage (including but not limited to estimation of benefits, deduction, copay information, etc)
- [] Responding to requested information related to assessment, diagnosis, attendance, progress notes, treatment plans, etc

Please **Initial** each of the following to acknowledge that you understand and accept all terms of this financial agreement:

_____ I authorize my insurance company to be billed and I authorize the release of any information necessary to process claims. This may include patient and/or insured's information, including DOB, insurance policy number, address, phone, etc., patient biopsychosocial/psychological information including assessment and diagnosis of mental health or substance use disorders,** progress notes, treatment goals, attendance and/or discharge information.

_____ I agree to pay any co-payment, deductible or any fee for services not covered by my insurance company.

_____ I agree to provide copies of my insurance card and authorize Sandalwood Counseling to file a copy in my clinical chart. If I do not provide proof of insurance to Sandalwood Counseling, I understand that I will be responsible for paying for the services I receive.

This consent shall remain in effect until all claims submitted and service performed, are paid and/or satisfied... unless designated otherwise here: _____ Reason (describe: _____)

I understand information may be shared via phone, fax, electronic/written, or in person. The information shared will be the minimum level necessary to accomplish the purpose of this release. I understand I am not required to sign this release, and that the ability to access services will generally not be affected as a result of not signing. I realize refusal to sign may impact the coordination of services or treatment, and if related to insurance may impede coverage.

** I understand that my Records may be protected under state and federal confidentiality regulations (42CFR, Pt 2, RCW 71.05, 70.02, 71.34, 74.04, 13.50, 100(4)(b), and WAC 388-865-0436) and, if so, cannot be disclosed without my written consent unless otherwise provided in the regulations. I understand that Sandalwood Counseling cannot guarantee that the recipient of this information will not re-disclose my health information to another party. I also understand that I may revoke this consent in writing at any time except to the extent that action has been taken in reliance on it.

Name

Signature

Date

SC: _____